



## COOL COURIERS REFRIGERATED FREIGHT SERVICES - INTERSTATE LEAD-TIME SCHEDULE

	Green cells = carton movements
	Blank Cells = no service
ABC	Cells with days with no colour = pallet

Route	Days service					Service Turnaround (Depot to metro region client)	Notes
QLD							
BRIS-SYD (FROZEN)	Monday	Tuesday	Wednesday	Thursday	Friday	2 Days	FZN Ctns - Currently only Tues
BRIS-SYD (CHILLED)	Monday	Tuesday	Wednesday	Thursday	Friday	2 Days	CHILL Ctns - Airfreight Options available
BRIS-MELB (FROZEN)	Monday	Tuesday	Wednesday	Thursday	Friday	3 Days	Goods travel via Syd/Melb - FZN cartons on Tuesday only
BRIS-MELB (CHILLED)	Monday	Tuesday	Wednesday	Thursday	Friday	3 Days	CHILL Ctns - Airfreight Options available
BRIS-ADL (FROZEN)	Monday	Tuesday	Wednesday	Thursday	Friday	7-10 Days	Goods travel via Syd/Melb - FZN cartons on Tuesday only
BRIS-ADL (CHILLED)	Monday	Tuesday	Wednesday	Thursday	Friday	7-10 Days	CHILL Ctns - Airfreight Options available
NSW							
SYD-BRIS (FROZEN)	Monday	Tuesday	Wednesday	Thursday	Friday	2 Days	FZN Ctns - Currently only Tue
SYD-BRIS (CHILLED)	Monday	Tuesday	Wednesday	Thursday	Friday	2 Days	CHILL Ctns - Currently only Tue
SYD-MELB (FROZEN)	Monday	Tuesday	Wednesday	Thursday	Friday	2 Day	FZN Ctns - Currently only Tue
SYD-MELB (CHILLED)	Monday	Tuesday	Wednesday	Thursday	Friday	2 Days	CHILL Ctns - Currently only Tues
SYD-ADL (FROZEN)	Monday	Tuesday	Wednesday	Thursday	Friday	5-7 Days	Goods travel via Melb - FZN cartons on Tuesday only
SYD-ADL (CHILLED)	Monday		Tuesday	Wednesday	Thursday	Friday	5-7 Days
VIC							
MELB-BRIS (FROZEN)	Monday	Tuesday	Wednesday	Thursday	Friday	4 Days	FZN Ctns - Currently only Friday
MELB-BRIS (CHILLED)	Monday	Tuesday	Wednesday	Thursday		Friday	3 Days
MELB-SYD (FROZEN)			Wednesday			2 Days	FZN Ctns - currently only Wed. Pallet movements available Tuesday, Thursday & Friday - Price on application
MELB-SYD (CHILLED)			Wednesday			2 Days	Chill Ctns - Currently on Wed. Pallet movements available Tuesday, Thursday & Friday - Price on application
MELB-ADL (FROZEN)	Monday	Tuesday	Wednesday	Thursday	Friday	2 Days	Frozen Ctns - Currently only Wed
MELB-ADL (CHILLED)	Monday	Tuesday	Wednesday	Thursday	Friday	2 Days	Chill Ctns - Currently only Wed
MELB-PER (FROZEN)	Monday	Tuesday	Wednesday	Thursday	Friday	2 Days	Pallet movements only
MELB-PER (CHILLED)	Monday	Tuesday	Wednesday	Thursday	Friday	2 Days	Pallet movements only

SA							
ADL-BRIS (FROZEN)	Monday	Tuesday	Wednesday	Thursday	Friday	7-10 Days	Goods travel via Melb
ADL-BRIS (CHILLED)	Monday	Tuesday	Wednesday	Thursday	Friday	7-10 Days	Goods travel via Melb
ADL-SYD (FROZEN)	Monday	Tuesday	Wednesday	Thursday	Friday	5-7 Days	Goods travel via Melb
ADL-SYD (CHILLED)	Monday	Tuesday	Wednesday	Thursday	Friday	5-7 Days	Goods travel via Melb
ADL-MELB (FROZEN)	Monday	Tuesday	Wednesday	Thursday	Friday	3 Days	
ADL-MELB (CHILLED)	Monday	Tuesday	Wednesday	Thursday	Friday	3 Days	
Adelaide to Perth							
ADL-PER (FROZEN)	Monday	Tuesday	Wednesday	Thursday	Friday	4-7 Days	
ADL-PER (CHILLED)	Monday	Tuesday	Wednesday	Thursday	Friday	4-7 Days	Chill Ctns- Airfreight Options available
WA							
PER-BRIS (FROZEN)	Monday	Tuesday	Wednesday	Thursday	Friday	7-10 Days	Goods travel via Melb
PER-BRIS (CHILLED)	Monday	Tuesday	Wednesday	Thursday	Friday	7-10 Days	Chill Ctns- Airfreight Options available
PER-SYD (FROZEN)	Monday	Tuesday	Wednesday	Thursday	Friday	7-10 Days	Goods travel via Melb
PER-SYD (CHILLED)	Monday	Tuesday	Wednesday	Thursday	Friday	7-10 Days	Goods travel via Melb. Chill Ctns- Airfreight Options available
PER-MELB (FROZEN)	Monday	Tuesday	Wednesday	Thursday	Friday	6-8 Days	
PER-MELB (CHILLED)	Monday	Tuesday	Wednesday	Thursday	Friday	6-8 Days	Chill Ctns- Airfreight Options available
PER-ADL (FROZEN)	Monday	Tuesday	Wednesday	Thursday	Friday	4-6 Days	
PER-ADL (CHILLED)	Monday	Tuesday	Wednesday	Thursday	Friday	4-6 Days	Chill Ctns- Airfreight Options available

**\*\*For all freight travelling to Perth ex Brisbane, Sydney and Melbourne - Please allow 5-10 business days from day of despatch to end delivery\*\***

**COOL COURIERS REFRIGERATED FREIGHT SERVICES - SERVICE AREAS & DELIVERY DAYS v MAY 2025**



## COOL COURIERS REFRIGERATED FREIGHT SERVICES

### SERVICE AREAS & DELIVERY DAYS

QLD/NORTHERN NSW	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>BRISBANE METRO</b> North to Burpengary, west to Wacol/Carole Park & south to Beenleigh. <i>Note: Monday Northern Cut-Off is Bald Hills/Brighton</i>	YES	YES	YES	YES	YES	PLEASE CALL OUR OFFICE AND SPEAK TO OUR FRIENDLY TEAM FOR A QUOTE	PLEASE CALL OUR OFFICE AND SPEAK TO OUR FRIENDLY TEAM FOR A QUOTE
<b>IPSWICH</b>		YES	YES	YES			
<b>Morton Bay region</b> Clontarf, Redcliffe, Scarborough, Rothwell, Newport, Kippa Ring, Margate, Woodypoint		YES			YES		
<b>SAMFORD</b>				YES			
<b>GOLD COAST</b> Yatala to Tweed Heads	YES	YES	YES	YES	YES		
<b>MOUNT TAMBORINE</b>				YES			
<b>CANUNGRA</b>				YES			
<b>JIMBOOMBA/YARRABILBA/TAMBORINE/ MUNRUBEN/ NEW BEITH/ LOGAN VILLAGE/GREENBANK/PARK RIDGE/SOUTH MACLEAN</b>				YES			
<b>NORTHERN RIVERS</b> Tweed Heads South - South to Ballina/Lismore. Includes Murwillumbah/Uki		YES			YES		
<b>SUNSHINE COAST</b> Burpengary To Cooroy		YES	YES	YES	YES		
<b>BRIEBIE ISLAND &amp; SURROUNDS</b>				YES			
<b>MOOLOOLAH VALLEY/MALENY/MONTVILLE &amp; FLAXTON</b>			YES		YES		
<b>TOOWOOMBA/WESTBROOK/GATTON</b>			YES				
<b>LAIDLEY</b>			YES				
<b>KARALEE/CHUWAR &amp; KARANA DOWNS</b>				YES			
<b>BEAUDESERT &amp; BOONAH</b> Pick-Up Day Prior				YES			
<b>GYMPIE &amp; POMONA</b> Pick-Up Day Prior				YES			
<b>MARYBOROUGH &amp; HERVEY BAY</b> Pick-Up Day Prior				YES			
<b>BUNDABERG</b> Pick-Up 2-Days Prior - Friday Only					YES		
<b>MACKAY</b> Pick-Up Day Prior - 2 Day Service	YES	YES	YES	YES	YES		
<b>TOWNSVILLE</b> Pick-Up Day Prior - 3 Day Service	YES	YES	YES	YES	YES		
<b>CAIRNS</b> Pick-Up Day Prior 3-4 Day Service	YES	YES	YES	YES	YES		
<b>CASINO/KYOGLE/MACLEAN/EVENS HEAD</b> Pick-Up 2 Days Prior			YES		YES		
<b>YAMBA</b> Pick-Up 2 Days Prior			YES				
<b>GRAFTON</b> Pick-Up 2 Days Prior			YES				
NSW/ACT	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>SYDNEY METRO</b>	YES	YES	YES	YES	YES	PLEASE CALL OUR OFFICE AND SPEAK TO OUR FRIENDLY TEAM FOR A QUOTE	PLEASE CALL OUR OFFICE AND SPEAK TO OUR FRIENDLY TEAM FOR A QUOTE
<b>NORTHERN BEACHES</b>		YES			YES		
<b>SHIRE REGION</b>		YES		YES			
<b>BLUE MOUNTAINS</b>					YES		
<b>CENTRAL COAST</b>				YES			
<b>NEWCASTLE</b> (PICK-UP DAY PRIOR)				YES			
<b>WOLLONGONG TO NOWRA</b> (PICK-UP DAY PRIOR)				YES			
<b>SOUTH COAST</b>				YES			
<b>CANBERRA</b> PLEASE CALL OUR OFFICE FOR MORE INFORMATION ON SUBURBS WITHIN THIS REGION - PICKUP DAY PRIOR			YES		YES		
VIC	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>MELBOURNE METRO</b>	YES	YES	YES	YES	YES	PLEASE CALL OUR OFFICE AND SPEAK TO OUR FRIENDLY TEAM FOR A QUOTE	PLEASE CALL OUR OFFICE AND SPEAK TO OUR FRIENDLY TEAM FOR A QUOTE
<b>MORNINGTON</b> Pickup Day Prior			YES				
<b>GEEELONG</b> Pickup Day Prior			YES				
<b>ALBURY/WODONGA</b> Pickup Day Prior				YES			
<b>CENTRAL GIPPSLAND</b> Pickup Day Prior	YES						
<b>BENDIGO</b> Pickup Day Prior					YES		
<b>BALLARAT</b> Pickup Day Prior					YES		
SA	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>ADELAIDE METRO</b>	YES	YES	YES	YES	YES	PLEASE CALL OUR OFFICE AND SPEAK TO OUR FRIENDLY TEAM FOR A QUOTE	PLEASE CALL OUR OFFICE AND SPEAK TO OUR FRIENDLY TEAM FOR A QUOTE
<b>Lobberthal Region</b>		YES		YES			
<b>Birdwood Region</b>		YES		YES			
<b>Barossa Region</b>		YES		YES			
<b>Murray Bridge Region</b>		YES		YES			
<b>Strathalbyn Region</b>			YES		YES		
<b>Victor Harbor Region</b>			YES		YES		