



COOL COURIERS REFRIGERATED FREIGHT SERVICES - INTERSTATE LEAD-TIME SCHEDULE

	Green cells = carton movements
	Blank Cells = no service
ABC	Cells with days with no colour = pallet

Route	Days service					Service Turnaround (Depot to metro region client)	Notes
QLD							
BRIS-SYD (FROZEN)	Monday	Tuesday	Wednesday	Thursday	Friday	2 Days	FZN Ctns - Currently only Tues
BRIS-SYD (CHILLED)	Monday	Tuesday	Wednesday	Thursday	Friday	2 Days	CHILL Ctns - Airfreight Options available
BRIS-MELB (FROZEN)	Monday	Tuesday	Wednesday	Thursday	Friday	3 Days	Goods travel via Syd/Melb - FZN cartons on Tuesday only
BRIS-MELB (CHILLED)	Monday	Tuesday	Wednesday	Thursday	Friday	3 Days	CHILL Ctns - Airfreight Options available
BRIS-ADL (FROZEN)	Monday	Tuesday	Wednesday	Thursday	Friday	7-10 Days	Goods travel via Syd/Melb - FZN cartons on Tuesday only
BRIS-ADL (CHILLED)	Monday	Tuesday	Wednesday	Thursday	Friday	7-10 Days	CHILL Ctns - Airfreight Options available
NSW							
SYD-BRIS (FROZEN)	Monday	Tuesday	Wednesday	Thursday	Friday	2 Days	FZN Ctns - Currently only Tue
SYD-BRIS (CHILLED)	Monday	Tuesday	Wednesday	Thursday	Friday	2 Days	CHILL Ctns - Currently only Tue
SYD-MELB (FROZEN)	Monday	Tuesday	Wednesday	Thursday	Friday	2 Day	FZN Ctns - Currently only Tue
SYD-MELB (CHILLED)	Monday	Tuesday	Wednesday	Thursday	Friday	2 Days	CHILL Ctns - Currently only Tues
SYD-ADL (FROZEN)	Monday	Tuesday	Wednesday	Thursday	Friday	5-7 Days	Goods travel via Melb - FZN cartons on Tuesday only
SYD-ADL (CHILLED)	Monday	Tuesday	Wednesday	Thursday	Friday	5-7 Days	Goods travel via Melb - Airfreight Options available for Express Service
VIC							
MELB-BRIS (FROZEN)	Monday	Tuesday	Wednesday	Thursday	Friday	4 Days	FZN Ctns - Currently only Friday
MELB-BRIS (CHILLED)	Monday	Tuesday	Wednesday	Thursday	Friday	3 Days	Chill Ctns - Currently only Fri. Airfreight Options available for Express Service
MELB-SYD (FROZEN)			Wednesday			2 Days	FZN Ctns - currently only Wed. Pallet movements available Tuesday, Thursday & Friday - Price on application
MELB-SYD (CHILLED)			Wednesday			2 Days	Chill Ctns - Currently on Wed. Pallet movements available Tuesday, Thursday & Friday - Price on application
MELB-ADL (FROZEN)	Monday	Tuesday	Wednesday	Thursday	Friday	2 Days	Frozen Ctns - Currently only Wed
MELB-ADL (CHILLED)	Monday	Tuesday	Wednesday	Thursday	Friday	2 Days	Chill Ctns - Currently only Wed
MELB-PER (FROZEN)	Monday	Tuesday	Wednesday	Thursday	Friday	2 Days	Pallet movements only
MELB-PER (CHILLED)	Monday	Tuesday	Wednesday	Thursday	Friday	2 Days	Pallet movements only

SA							
ADL-BRIS (FROZEN)	Monday	Tuesday	Wednesday	Thursday	Friday	7-10 Days	Goods travel via Melb
ADL-BRIS (CHILLED)	Monday	Tuesday	Wednesday	Thursday	Friday	7-10 Days	Goods travel via Melb
ADL-SYD (FROZEN)	Monday	Tuesday	Wednesday	Thursday	Friday	5-7 Days	Goods travel via Melb
ADL-SYD (CHILLED)	Monday	Tuesday	Wednesday	Thursday	Friday	5-7 Days	Goods travel via Melb
ADL-MELB (FROZEN)	Monday	Tuesday	Wednesday	Thursday	Friday	3 Days	
ADL-MELB (CHILLED)	Monday	Tuesday	Wednesday	Thursday	Friday	3 Days	
Adelaide to Perth							
ADL-PER (FROZEN)	Monday	Tuesday	Wednesday	Thursday	Friday	4-7 Days	
ADL-PER (CHILLED)	Monday	Tuesday	Wednesday	Thursday	Friday	4-7 Days	Chill Ctns- Airfreight Options available
WA							
PER-BRIS (FROZEN)	Monday	Tuesday	Wednesday	Thursday	Friday	7-10 Days	Goods travel via Melb
PER-BRIS (CHILLED)	Monday	Tuesday	Wednesday	Thursday	Friday	7-10 Days	Chill Ctns- Airfreight Options available
PER-SYD (FROZEN)	Monday	Tuesday	Wednesday	Thursday	Friday	7-10 Days	Goods travel via Melb
PER-SYD (CHILLED)	Monday	Tuesday	Wednesday	Thursday	Friday	7-10 Days	Goods travel via Melb. Chill Ctns- Airfreight Options available
PER-MELB (FROZEN)	Monday	Tuesday	Wednesday	Thursday	Friday	6-8 Days	
PER-MELB (CHILLED)	Monday	Tuesday	Wednesday	Thursday	Friday	6-8 Days	Chill Ctns- Airfreight Options available
PER-ADL (FROZEN)	Monday	Tuesday	Wednesday	Thursday	Friday	4-6 Days	
PER-ADL (CHILLED)	Monday	Tuesday	Wednesday	Thursday	Friday	4-6 Days	Chill Ctns- Airfreight Options available

****For all freight travelling to Perth ex Brisbane, Sydney and Melbourne - Please allow 5-10 business days from day of despatch to end delivery****

COOL COURIERS REFRIGERATED FREIGHT SERVICES - SERVICE AREAS & DELIVERY DAYS v JAN 2026



COOL COURIERS REFRIGERATED FREIGHT SERVICES

SERVICE AREAS & DELIVERY DAYS

QLD/NORTHERN NSW	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BRISBANE METRO North to Burpengary, west to Wacol/Carole Park & south to Beenleigh. <i>Note: Monday Northern Cut-Off Is Bald Hills/Brighton</i>	YES	YES	YES	YES	YES	PLEASE CALL OUR OFFICE AND SPEAK TO OUR FRIENDLY TEAM FOR A QUOTE	PLEASE CALL OUR OFFICE AND SPEAK TO OUR FRIENDLY TEAM FOR A QUOTE
IPSWICH		YES	YES	YES			
Morton Bay region Clontarf, Redcliffe, Scarborough, Rothwell, Newport, Kippa Ring, Margate, Woodypoint		YES			YES		
SAMFORD				YES			
GOLD COAST Yatala to Tweed Heads	YES	YES	YES	YES	YES		
MOUNT TAMBORINE				YES			
CANUNGRA				YES			
JIMBOOMBA/YARRABILBA/TAMBORINE/ MUNRUBEN/ NEW BEITH/ LOGAN VILLAGE/GREENBANK/PARK RIDGE/SOUTH MACLEAN				YES			
NORTHERN RIVERS Tweed Heads South - South to Ballina/Lismore. Includes Murwillumbah/Uki		YES			YES		
SUNSHINE COAST Burpengary To Cooroy		YES	YES	YES	YES		
BRIEBIE ISLAND & SURROUNDS				YES			
MOOLOOLAH VALLEY/MALENY/MONTVILLE & FLAXTON			YES		YES		
TOOWOOMBA/WESTBROOK/GATTON				YES			
LAIDLEY				YES			
KARALEE/CHUWAR & KARANA DOWNS				YES			
BEAUDESERT & BOONAH General Pick-Ups Wednesday for a Friday Delivery					YES		
GYMPIE & POMONA Pick-Up Day Prior				YES			
MARYBOROUGH & HERVEY BAY Pick-Up Day Prior				YES			
BUNDABERG Pick-Up 2-Days Prior - Friday Only					YES		
MACKAY Pick-Up Day Prior - 2 Day Service	YES	YES	YES	YES	YES		
TOWNSVILLE Pick-Up Day Prior - 3 Day Service	YES	YES	YES	YES	YES		
CAIRNS Pick-Up Day Prior 3-4 Day Service	YES	YES	YES	YES	YES		
CASINO/KYOGLE/MACLEAN/EVENS HEAD Pick-Up 2 Days Prior			YES		YES		
YAMBA Pick-Up 2 Days Prior			YES				
GRAFTON Pick-Up 2 Days Prior			YES				
NSW/ACT	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
SYDNEY METRO	YES	YES	YES	YES	YES	PLEASE CALL OUR OFFICE AND SPEAK TO OUR FRIENDLY TEAM FOR A QUOTE	PLEASE CALL OUR OFFICE AND SPEAK TO OUR FRIENDLY TEAM FOR A QUOTE
NORTHERN BEACHES		YES			YES		
SHIRE REGION		YES		YES			
BLUE MOUNTAINS					YES		
CENTRAL COAST				YES			
NEWCASTLE (PICK-UP DAY PRIOR)				YES			
WOLLONGONG TO NOWRA (PICK-UP DAY PRIOR)				YES			
SOUTH COAST				YES			
CANBERRA PLEASE CALL OUR OFFICE FOR MORE INFORMATION ON SUBURBS WITHIN THIS REGION - PICKUP DAY PRIOR			YES		YES		
VIC	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MELBOURNE METRO	YES	YES	YES	YES	YES	PLEASE CALL OUR OFFICE AND SPEAK TO OUR FRIENDLY TEAM FOR A QUOTE	PLEASE CALL OUR OFFICE AND SPEAK TO OUR FRIENDLY TEAM FOR A QUOTE
MORNINGTON Pickup Day Prior			YES				
GEE LONG Pickup Day Prior			YES				
ALBURY/WODONGA Pickup Day Prior				YES			
CENTRAL GIPPSLAND Pickup Day Prior	YES						
BENDIGO Pickup Day Prior					YES		
BALLARAT Pickup Day Prior					YES		
SA	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
ADELAIDE METRO	YES	YES	YES	YES	YES	PLEASE CALL OUR OFFICE AND SPEAK TO OUR FRIENDLY TEAM FOR A QUOTE	PLEASE CALL OUR OFFICE AND SPEAK TO OUR FRIENDLY TEAM FOR A QUOTE
Lobenthal Region		YES		YES			
Birdwood Region		YES		YES			
Barossa Region		YES		YES			
Murray Bridge Region		YES		YES			
Strathalbyn Region			YES		YES		
Victor Harbor Region			YES		YES		